FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB APPROVAL								
	OMB Number:	3235-0287							
l	Estimated average burden								
I	hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Hamalainen James Louis  (Last) (First) (Middle)  6000 WESTOWN PARKWAY						2. Issuer Name and Ticker or Trading Symbol <u>AMERICAN EQUITY INVESTMENT</u> <u>LIFE HOLDING CO</u> [ AEL ]      3. Date of Earliest Transaction (Month/Day/Year)     07/07/2023								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner  X Officer (give title Other (specify below) below)  EVP & Chief Investment Officer					
(Street)	Street) WEST DES LA 50266				4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line)	· '					
(City)	(City) (State) (Zip)					Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - No	n-Deriva	tive S	ecur	ities	Acq	uired,	Dis	posed of	, or E	3ene	ficiall	y Owr	ned			
1. Title of Security (Instr. 3)  2. Transactic Date (Month/Day/					Execution Date,						es Acquired (A) or Of (D) (Instr. 3, 4 an			Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	Amount	nount (A) or (D)		Price	Reported Transaction(s) (Instr. 3 and 4)									
Common	023		F		4,952(1)	Г	)   9	\$52.89	35,464			D							
Common									1,015				By ESOP						
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	ve Conversion Date Execution Date, or Exercise (Month/Day/Year)				Transaction Number Code (Instr. of						7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		Dei Sec (Ins	Price of rivative curity str. 5)			10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code V (A) (D)		Date Expir		Expiration Date			.							

## Explanation of Responses:

1. Issuer determination of shares withheld for taxes on a payout of shares of common stock for time-based restricted stock units.

## Remarks:

/s/ Mark A. Schuman, authorized signer \*\* Signature of Reporting Person

07/11/2023

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.