FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
	0.5						

_	Check this box if no longer subject to Section 16.
- 1	Form 4 or Form 5 obligations may continue. See
_	Instruction 1/h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					UI	Section 30	(n) of the II	ivesumen	t Com	party Act of	1340								
Name and Address of Reporting Person*     CUSHING BRENDA J					2. Issuer Name and Ticker or Trading Symbol AMERICAN EQUITY INVESTMENT LIFE HOLDING									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
COSTING BRENDA	<u>A J</u>				O [ AE	1.1	-						_   X	Director			10% Ow	ner	
(Last) (F	First)	st) (Middle)				<u>co</u> ( )									title below) Other (s		Other (sp	ecify below)	
6000 WESTOWN PARKWAY					3. Date of Earliest Transaction (Month/Day/Year) 06/10/2021														
(Street) WEST DES MOINES IA	A	502	266		4. If Amendment, Date of Original Filed (Month/Day/Year)					6. Individ	Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person								
(City) (S	State)	(Zip	))														. •		
			Table I -	Non-D	erivativ	e Securi	ties Acc	uired,	Disp	osed of	, or Be	neficially	Owned						
and the or occurry (moure)			Date	Date (Month/Day/Year)		Execution Date,		3. Transaction Code (Instr. 8) 4. Securit (D) (Instr.			ired (A) or Di 5)	sposed Of	5. Amount of Sec Beneficially Own Following Report	vned Direct orted Indirect		) or	7. Nature of Indirect Beneficial		
								Ĺ	v	Amount		(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				Ownership (Instr. 4)	
Common Stock				06/	/10/2021			A		3,02	21 <sup>(1)</sup>	A	\$0	\$0 16,021 D			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
or Pr De	onversion	ercise (Month/Day/Year) of utive	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Trans Code (In		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable a Expiration Date (Month/Day/Year)		e	7. Title and Amount of Se Underlying Derivative Se 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Benefici Owned Followin	re Ces Fally (	Ownership Form: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
36	county			Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title		Amount or Number of Shares		Reported Transact (Instr. 4)	rted action(s)			

## Explanation of Responses:

1. An award of restricted stock that vests one year from the date of grant or on the day of AEL's 2022 annual meeting of the shareholders, whichever is earlier.

## Remarks:

Exhibit List: Exhibit 24 - Power of Attorney

/s/ Mark A. Schuman, authorized signer 06/14/2021

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

EXHIBIT 24

POWER OF ATTORNEY

WHEREAS, the undersigned director of American Equity Investment Life Holding Company, an Iowa corporation, hereby constitutes and appoints Phy.

IN WITNESS WHEREOF, I have hereunto set my hand this 1st day of June, 2021.

/s/ Brenda J. Cushing Brenda J. Cushing