(Last)

FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

OMB API	PROVAL
OMB Number:	3235-036

10% Owner

Other (specify below)

5. Relationship of Reporting Person(s) to Issuer (Check all applicable)

Senior VP & Secretary

Director

Officer (give title below)

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

> Form 3 Holdings Reported Form 4 Transactions Reported.

1. Name and Address of Reporting Person

(First)

5000 WESTOWN PARKWAY, SUITE 440

(Middle)

RICHARDSON DEBRA J

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

AMERICAN EQUITY INVESTMENT

3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)

2. Issuer Name and Ticker or Trading Symbol

LIFE HOLDING CO [AEL]

12/31/2006

32 ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Estimated average burden **OWNERSHIP** hours per response: 1.0

				.													
(Street) WEST DES	4. If Amer	4. If Amendment, Date of Original Filed (Month/Day/Year)						Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person									
(City)	(St	ate) (=								Form filed by More than One Reporting Person						
(City)	(51		Zip)	rative Sec	uriti	Δς Δ	cauire	4 D	ienoeed	of or l	Renefic	ially	Owner	Н			
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	ction 2A. Deemed Execution Date,		3. Transaction Code (Instr.		ed, Disposed of, or Benefi 4. Securities Acquired (A) or Dispos Of (D) (Instr. 3, 4 and 5)				1		nt of s illy		rship : Direct	7. Nature of Indirect Beneficial Ownership	
					,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			Amount		Price		Issuer's F Year (Inst 4)	iscal	Indire (Instr	ct (I)	(Instr. 4)	
Common Stock												94,674			D		
		Ta	able II - Deriva (e.g., p	tive Secu uts, calls	rities , wai	Aco rant	quired, s, optic	Dis	posed of convert	, or Be	neficia curities	lly O	wned				
	onversion r Exercise rice of erivative	rcise (Month/Day/Year) of tive	if any	4. Transaction Code (Instr. 8)	of		Expiration	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Der Sed (Ins	Price of rivative curity str. 5)			10. Ownersh Form: Direct (D or Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)
					(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amour or Number of Shares	er					
Options- Right to Buy	\$10.77						06/30/20	005	12/31/2014	Commo Stock	n 20,000	0		20,00	00	D	
Options- Right to Buy	\$11						06/10/20	004	06/10/2014	Commo Stock	n 20,000	0		20,00	00	D	
Options- Right to Buy	\$9						12/04/20	003	12/04/2013	Commo Stock	n 20,000	0		20,00	00	D	
Options- Right to Buy	\$9.67						12/29/20	000	12/29/2010	Commo Stock	n 30,000	0		30,00	00	D	
Options- Right to Buy	\$9.67						05/05/20	000	05/05/2010	Commo Stock	n 17,250	0		17,25	50	D	
Options- Right to Buy	\$7.33						04/14/19	999	04/14/2009	Commo Stock	n 33,000)		33,00	00	D	
Options- Right to Buy	\$4						06/10/19	997	06/10/2007	Commo Stock	n 5,250			5,250	0	D	
American Equity Capital Trust I 8% Conv TP	\$10						09/30/20	002	09/30/2029	Commo Stock	n 3,000			3,000	0	D	

Explanation of Responses:

Debra J. Richardson

02/09/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).