FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Bhalla Anant				<u> </u>	2. Issuer Name and Ticker or Trading Symbol AMERICAN EQUITY INVESTMENT							(Ch	Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
					<u>LIFE HOLDING CO</u> [AEL]								X Directo X Officer	r (give title		specify	
(Last) (First) (Middle)														(give title	below)		
6000 WESTOWN PARKWAY					3. Date of Earliest Transaction (Month/Day/Year) 01/04/2021								CEO & President				
(Street) WEST D MOINES	Δ	.	50266	4	4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(S	tate)	(Zip)		Person												
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date				2. Transaction Date Month/Day/	Execution Date,		Code (li	Transaction Disposed Of (D) (Instr. 3, 4) Code (Instr. 5)			5. Amour Securitie Beneficia Owned F Reported	s ally following (6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
							Code	v	Amount	(A) or (D)	Price	Transact (Instr. 3 a	ion(s)		(Instr. 4)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year) 3. Deemed Execution Date if any (Month/Day/N	Date, Transact Code (Ins		on of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershij Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)			
				Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amount or Number of Shares					
Options - Right to Buy	\$26.72	01/04/2021		A		87,447		01/04/2022	(1)	01/04/2031	Common Stock	87,447	\$0	381,497	D		

Explanation of Responses:

1. Fifty percent (50%) of the Option Award granted vests upon the later of: (i) the Company attaining a \$37.00 per share common stock price (based on a 30-day trading average); and (ii) the one year anniversary of the Grant Date. The remaining fifty percent (50%) of the Option Award vests on the one year anniversary of the vesting of the initial fifty percent (50%) of the Option Award vests, reporting owner will have five (5) years to exercise the options received under the Option Award. If the Company does not achieve the \$37 per share common stock price on or before the fifth anniversary of the Grant Date, the Option Award shall be forfeited.

Remarks:

Renee D. Montz, by Power of **Attorney**

01/06/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.