SEC Form 4	
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FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-0287		
	Estimated average burden			
Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934	hours per response:	0.5		

I

Instruction 1(b).		Filed pursuant to Section 16(a) of the Securities Exchange Act of 193- or Section 30(h) of the Investment Company Act of 1940	4		nours per res	sponse: 0.5
1. Name and Add Bhalla Anar (Last) 6000 WESTO	<u>nt</u> (First)	(Middle)	2. Issuer Name and Ticker or Trading Symbol <u>AMERICAN EQUITY INVESTMENT</u> <u>LIFE HOLDING CO</u> [AEL] 3. Date of Earliest Transaction (Month/Day/Year) 12/20/2023	5. Rela (Check X X	son(s) to Issuer 10% Owner Other (specify below) dent		
(Street) WEST DES MOINES	IA	50266	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	Form filed	by One Repo	g (Check Applicable orting Person n One Reporting
(City)	(State)	(Zip)	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant satisfy the affirmative defense conditions of Rule 10b5-1(c). See			or written plan	that is intended to

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

			•		•		-			
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D) Price		Transaction(s) (Instr. 3 and 4)		(
Common Stock	12/20/2023		М		109,490(1)	A	\$0 ⁽²⁾	1,137,624	D	
Common Stock	12/20/2023		D		109,490(1)	D	\$55.52	1,028,134	D	
Common Stock								2,075	Ι	By ESOP

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

			(e.g., pl	its, ca	alis, v	varra	ants,	options, c	convertib	ie se	curities)			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deriv Secu Acqu (A) o Dispe of (D	r osed) r. 3, 4	6. Date Exerc Expiration Da (Month/Day/Y	ate	7. Titl Amou Secur Unde Deriv Secur 3 and	unt of rities rlying ative rity (Instr.	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Represents the accelerated vesting on December 20, 2023 at the actual level of performance of the performance-based restricted stock units in respect of the 2021-2023 performance period (2021 PSUs), granted by the Issuer pursuant to the American Equity Investment Life Holding Company Amended and Restated Equity Incentive Plan, as amended, and cash settlement of such award based on (i) the number of 2021 PSUs earned based on the actual level of performance multiplied by (ii) the closing price of the Issuer's common stock on December 20, 2023.

2. Each 2021 PSU is the economic equivalent of one share of the Issuer's common stock.

Remarks:

<u>/s/ Anant Bhalla</u>

** Signature of Reporting Person Date

12/21/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.