## SEC Form 5

FORM 5 UNITED STATES SECURITIES AND EXCHANGE COMMISSION												
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).	ANNUAI	Washington, D.C. 20549 . STATEMENT OF CHANGES IN BENEFI OWNERSHIP						· <b>L</b>	OMB APPROVAL OMB Number: 3235-0362 Estimated average burden hours per response: 1.0			
Form 3 Holdings Reported.       Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940												
1. Name and Address of Reporting Person Chapman Steven Glen (Last) (First) 6000 WESTOWN PARKWAY	2. Issuer Name and Ticker or Trading Symbol <u>AMERICAN EQUITY INVESTMENT</u> <u>LIFE HOLDING CO</u> [ AEL ]     3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)     12/31/2009						Relationship of Reporting Person(s) to Issuer heck all applicable) X Director 10% Owner Officer (give title Other (specify below) below)					
(Street) WEST DES MOINES (City) (State)	50266 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)						<ul> <li>Individual or Joint/Group Filing (Check Applicable ine)</li> <li>X Form filed by One Reporting Person</li> <li>Form filed by More than One Reporting Person</li> </ul>				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acc Of (D) (Instr. 3, 4	or Dispos	sed 5. Amount of Securities Beneficially Owned at en		6. Ownership Form: Direct (D) or	7. Nature of Indirect Beneficial Ownership			
				Amount	(A) or (D)	Price		Issuer's Fiscal Year (Instr. 3 an 4)	Indirect (I)	(Instr. 4)		
Common Stock								7,500	D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)												

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	on of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Options - Right to Buy	\$5.85						06/04/2012	06/04/2019	Common Stock	10,000		10,000	D	

Explanation of Responses:

## Debra J. Richardson, By Power 02/12/2010

of Attorney

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.