FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OWNERSHIP

Machinaton	$D \subset$	205/10
Washington,	D.C.	20549

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OMB N

	OMB APPROVAL							
	OMB Number:	3235-0362						
Estimated average burden								

1.0

hours per response:

Form 3 Holdings Reported.

Instruction 1(b)

Form 4	Transactions	Reported.	Fil	ed pursuant t														
1. Name and Address of Reporting Person* HILTON ROBERT L (Last) (First) (Middle) 6000 WESTOWN PARKWAY				2. Issuer AMEF LIFE I 3. Statem	or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol AMERICAN EQUITY INVESTMENT LIFE HOLDING CO [AEL] 3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)							Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title below) below)						- 1
(Street) WEST DES MOINES IA 50266 (City) (State) (Zip)				-	12/31/2009 4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year)			2A. Deemed Execution I if any	eemed 3. ution Date, Transactio		nsaction	d, Disposed of, or Benefi 4. Securities Acquired (A) or Dispo Of (D) (Instr. 3, 4 and 5) Amount (A) or (D) Price			or Dispose	_			Form: (D) or Indire	Ownership I Form: Direct E		ial hip	
Common Stock													26,000			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of		Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Numbe derivative Securitie Beneficia Owned Following Reported Transacti (Instr. 4)	Owners Form: Direct (I) Or Indirect (I) (Insti		Beneficial Ownershi ect (Instr. 4)	
					(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amour or Number of Shares	er						
Options - Right to Buy	\$5.85						06/04/20	012	06/04/2019	Commo Stock	n 10,000	0		10,00	0	D		
Options - Right to Buy	\$10.85						06/11/20	011	06/11/2018	Commo Stock	n 10,000	0		10,00	0	D		
Options - Right to Buy	\$10.77						06/30/20	005	12/31/2014	Commo Stock	n 1,000			1,000)	D		
Options - Right to Buy	\$11						06/10/20	004	06/10/2014	Commo Stock	n 1,000			1,000)	D		
Options -	40					_	12/04/20	002	12/04/2012	Commo	1,000			1.000	,			

Explanation of Responses:

Debra J. Richardson, by Power of Attorney

02/12/2010

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).