FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

ngton, D.C	C. 20549				
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OIVIB APPROVAL										
OMB Number:	3235-0287									
Estimated average bur	den									
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Lorenzen Jeffrey D					2. Issuer Name and Ticker or Trading Symbol AMERICAN EQUITY INVESTMENT LIFE HOLDING CO [ AEL ]									k all app Direc	tionship of Reporting all applicable) Director Officer (give title below) EVP & Chief I		rson(s) to Is  10% Ov  Other (s	wner	
(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 02/23/2024								Λ				below) sk Officer		
(Street) WEST DES MOINES IA 50266					4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
(City) (State) (Zip)					Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or B	enefic	cially	<b>Own</b>	ed			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day				Execution Date,					s Acquired (A) or Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following Reported		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) (D)	or Pric	e	Transa	action(s) . 3 and 4)			(111501. 4)
Common Stock 02/23/					2024			F		512(1)	D	\$5	5.58	3	0,388		D		
Common Stock 02/25/				02/25/2	2024				F		3,065(1)	D	\$5	5.58 27		27,323		D	
Common Stock														1-	4,045			By ESOP	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed ion Date, /Day/Year)	4. Transa Code ( 8)		Str. Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)				ite	Amount of Securities Underlying Derivative Security (Ins 3 and 4)		Dei Sec (Ins	8. Price of Derivative Security (Instr. 5) Benefici Owned Followin Reporter Transaci (Instr. 4)		y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

## **Explanation of Responses:**

## Remarks:

/s/ Jeffrey D. Lorenzen

02/27/2024

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>1.</sup> Tax withholding on vesting of time-based restricted stock units.