FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
netruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPR	OVAL
OMB Number:	3235-0287
Estimated average bur	den
hours per response:	0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MATOVINA JOHN M					<u>A</u>	2. Issuer Name and Ticker or Trading Symbol AMERICAN EQUITY INVESTMENT								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
						LIFE HOLDING CO [AEL]									Officer	(give title Other (sp				
(Last) (First) (Middle) 6000 WESTOWN PARKWAY						3. Date of Earliest Transaction (Month/Day/Year) 03/15/2018								X	below) below) CEO & President					
(Street) WEST DES MOINES IA 50266						4. If Amendment, Date of Original Filed (Month/Day/Year)								5. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(S	tate)	(Zip)												Person					
		Tab	le I - I	Non-Der	ivativ	e Sec	curit	ties A	cquire	ed, D	isposed o	f, or Be	eneficia	lly C	Owned					
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an			Benefici Owned I		es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	irect direct I	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	(A) or (D) Price		- 1	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock			03/15/2018				M		28,000	A	\$10.8	0.85 2		3,890	D					
Common Stock			03/15/2018				F		8,000	D	\$31.7	6	205	5,890	D					
Common Stock			03/16/2018				S		8,000	D	\$31.76	4(1)	197	7,890	D					
Common Stock			03/16/2018				M		12,000	A	\$10.8	85 209		,890	D					
Common Stock			03/16/2	03/16/2018				S		12,000	D	\$31.907	075 ⁽²⁾ 19		7,890	D				
Common Stock															11,376			By ESOP		
		-	Гablе						-		posed of, , converti			y Ov	vned				1	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed ion Date, /Day/Year)	4. Transa Code (8)			vative urities uired or oosed O) (Instr.	Expira	e Exercation D			ities ng re Security	De Se	Price of rivative curity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ov Fo Dii or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exerc	isable	Expiration Date	Title	Amount or Number of Shares							
Options - Right to Buy	\$10.85	03/15/2018			M			28,000	06/11	/2011	06/11/2018	Common Stock	28,000) \$	10.85	12,000)	D		
Options - Right to Buy	\$10.85	03/16/2018			M			12,000	06/11	/2011	06/11/2018	Common Stock	12,000	\$	10.85	0		D		

Explanation of Responses:

- 1. This transaction was executed in multiple trades at prices ranging from \$31.76 to \$31.78. The price reported in column 4 is an average price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares sold and the prices at which the transactions were settled.
- 2. This transaction was executed in multiple trades at prices ranging from \$31.90 to \$31.965. The price reported in column 4 is an average price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares sold and the prices at which the transactions were settled.

Remarks:

Renee D. Montz, by Power of **Attorney**

03/16/2018

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.