FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person*  CUSHING BRENDA J							2. Issuer Name and Ticker or Trading Symbol AMERICAN EQUITY INVESTMENT									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
CUSTING BRENDA J						LIFE HOLDING CO [ AEL ]									X	Direc	ctor		10% C	wner	
(Last) (First) (Middle)															Office	er (give title		Other (specify below)			
(Last) 6000 WE			3. Date of Earliest Transaction (Month/Day/Year) 06/01/2017										BCIO	•,		below)					
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)						
WEST D MOINES	ĪΔ		60266												X	Form	n filed by One	e Reportir	g Pers	on	
- INOITYEE					-										Form filed by More than One Reporting Person					orting	
(City)	(SI	ate) (	(Zip)																		
		Tab	le I - Nor	ո-Deriv	ative	Se	curiti	es Ac	quired	, Dis	posed o	of, o	r Ben	efici	ally C	)wne	ed				
1. Title of Security (Instr. 3)  2. Transa Date (Month/L					Day/Year)   E		2A. Deemed Execution Date, if any (Month/Day/Year)		Code	Transaction Dispose Code (Instr. 5)		rities Acquired (A) d Of (D) (Instr. 3,			nd S	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount		(A) or (D)	Price	. 11	Transaction(s) (Instr. 3 and 4)				(msu. 4)	
Common Stock 0					06/01/2017						3,000(1)		A	\$0		0		D			
		Ta	able II - D								sed of, onvertib					ned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		n of		Expiration	6. Date Exercisabl Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Insti and 4)		str. 3			9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owner Form Direct or Inc (I) (In	wnership	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or Nur of	ount nber res							

## **Explanation of Responses:**

1. An award of restricted stock that vests one year from the date of grant or on the day of AEL's 2018 annual meeting of the shareholders, whichever is earlier.

## Remarks:

Renee D. Montz

06/01/2017

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.