FORM 5	UNITED STATES SECURITIES AND EXCHANGE COMMISSION
	Weakington D.C. 20540

Washington, D.C. 20549

OMB APPROVAL

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l	hours per response:	1.0

Form	3	Holdinas	Reported.
i Form	3	Holdings	керопеа.

Corm 4 Transactions Reported

Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

	cilona reported.		or Section 30(h) of the Invest	ment Company Act of 1940				
1. Name and Addr Howe Rober (Last) 5000 WESTOV	r <u>t L</u> (First)	(Middle)	LIFE HOL	<u>N EQUIT</u> DING CC	TY INVESTMENT		ationship of Report k all applicable) Director Officer (give title below)	e Oth	o Issuer % Owner ner (specify ow)
5000 WESTOWN PARKWAY, SUITE 440 (Street) WEST DES MOINES IA 50266 (City) (State) (Zip)		4. If Amendment	, Date of Orig	inal Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
())	()								
		Table I - Non-Deriv	ative Securitie	es Acquire	ed, Disposed of, or Benefi	cially	Owned		
Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Dispos Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned at end of	6. Ownership Form: Direct	7. Nature of Indirect Beneficial Ownership	

		(Month/Day/Year)	8)				Owned at end of	(D) or	Ownership (Instr. 4)	
				Amount	(A) or (D)	Price	Issuer's Fiscal Year (Instr. 3 and 4)	Indirect (I) (Instr. 4)		
Common Stock							500	D		
Table II - Derivative Securities Acquired Disposed of an Repeticially Owned										

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	of		Expiration Date (Month/Day/Year) ed ed		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

Robert L. Howe

02/09/2007 ** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.