SEC Form 5

	FORM	5 L	INITED STA	TES SE				ANG	Е СОМ	MISSIC	ON				
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).			Washington, D.C. 20549									OMB APPROVAL			
			ANNUAL STATEMENT OF CHANGES IN BENEFI OWNERSHIP							CIAL OMB Number: Estimated avera				3235-0362 den	
Form 3 Holdings Reported.			OWNERSHIP								hours per response:				
Form 4	Transactions R	eported.	File				e Securities Exchange Example the ment Company A								
1. Name and Address of Reporting Person*				2. Issuer Name and Ticker or Trading Symbol AMERICAN EQUITY INVESTMENT						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>Chapman Steven Glen</u>				LIFE HOLDING CO [AEL]						X Director 10% Owner				Owner	
(Last) (First) (I			Middle)								fficer (give tit elow)	give title Othe belo		er (specify w)	
5000 WESTOWN PARKWAY			,	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2008											
(Street) WEST DES MOINES IA				4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)					
			0266								X Form filed by One Reporting Person				
										Form filed by More than One Reporting Person					
(City)	City) (State) (Z		Zip)												
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned														
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Da if any	Code	saction e (Instr.	4. Securities Acc Of (D) (Instr. 3, 4		or Dispos	Secu Bene	nount of irities ificially		ership n: Direct	7. Nature of Indirect Beneficial	
			(Month/Day/`	Year) 8)		Amount	(A) or (D) Price		Issue	Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)			Ownership (Instr. 4)		
Common Stock										7,500		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	vative Conversion Date urity or Exercise (Month/Day/Year)		3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Code (Instr. 8) Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expir	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		e of ive derivative y Securities beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownershig Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)	

Explanation of Responses:

Debra J. Richardson, By Power 02/12/2009

of Attorney

Title

Expiration Date

Date Exercisable

** Signature of Reporting Person Date

Amount or Number

of Shares

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

(A) (D)