Instruction 1(b).

FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, I	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

OMB APPROVAL								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Bhalla Anant						2. Issuer Name and Ticker of Trading Symbol AMERICAN EQUITY INVESTMENT LIFE HOLDING CO [ AEL ]									ck all app Direc Office	tionship of Reporting F all applicable) Director Officer (give title below)		10% Ov	wner
` ′	(Last) (First) (Middle) 6000 WESTOWN PARKWAY					3. Date of Earliest Transaction (Month/Day/Year) 02/23/2023									below	CEO &	Presi	below)	
(Street) WEST D MOINES	ΙΔ	. 5	0266		4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Inc	Form	ual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(St	ate) (2	Zip)																
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	Benefi	icial	ly Own	ed			
Da			Date			2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			5. Amo Securit Benefic Owned Report	ies cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Code	٧	Amount	(A) (D)	or Pi	rice	Transa	saction(s) : 3 and 4)			, , ,			
Common	Common Stock			02/23/	2023				A		26,512(1	) /	4	\$ <mark>0</mark>	1,1:	56,189		D	
Common Stock													1,684(2)				By ESOP		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed ion Date, /Day/Year)	Date, Transac Code (li		of Deriv Secu Acqu (A) o Dispo	r osed ) r. 3, 4	6. Date Exercie Expiration Dat (Month/Day/Ye		te	7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		S (I	Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)
					Code	v	(A)	(D)			Expiration Date	Title	Amount or Number of Shares	er					

## **Explanation of Responses:**

- 1. Time-based restricted stock units awarded under the American Equity Investment Life Holding Company Amended and Restated Equity Incentive Plan vesting in three substantially equal parts beginning on the first anniversary of the grant date
- 2. Reflects ESOP allocations that have occurred since the date of the reporting person's last ownership report.

## Remarks:

/s/ Mark A. Schuman, 02/27/2023 authorized signer

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.