SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): March 2, 2004

AMERICAN EQUITY INVESTMENT LIFE HOLDING COMPANY

(Exact Name of Registrant as Specified in Charter)

IOWA

(State or Other Jurisdiction of Incorporation)

001-31911

(Commission File Number)

42-1447959

(IRS Employer Identification No.)

5000 Westown Parkway, Suite 440, West Des Moines, Iowa 50266

(Address of Principal Executive Offices) (Zip Code)

Registrant's telephone number, including area code: (515) 221-0002

NOT APPLICABLE

(Former Name or Former Address, if Changed Since Last Report)

Item 9. Regulation FD Disclosure.

Attached and incorporated herein by reference as Exhibit 99.1 is a copy of a financial supplement issued by American Equity Investment Life Holding Company (the "Company") with respect to the fourth quarter and year ending December 31, 2003. The information in this report, including the Exhibit attached hereto, shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933, except as shall be expressly set forth by specific reference in such filing.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: March 2, 2004

AMERICAN EQUITY
INVESTMENT LIFE HOLDING COMPANY

By: /s/ Wendy L. Carlson

Wendy L. Carlson Chief Financial Officer and

General Counsel

EXHIBIT INDEX

Exhibit Number

Description

99.1

Financial supplement for the fourth quarter and year ending December 31, 2003

AMERICAN EQUITY INVESTMENT LIFE HOLDING COMPANY Financial Supplement

December 31, 2003

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Year ended December 31, 2003

Operating Earnings

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AMERICAN EQUITY INVESTMENT LIFE HOLDING COMPANY Financial Supplement – 2003

Operating Earnings

For the year ended December 31, 2003

				Adjustmen	ts	Net Operating
		As Reported	_	Realized Gain	FAS 133	Income (a)
_			((Dollars in thousands, excep	ot per share data)	
Revenues:						
Traditional life and accident and health insurance premiums	\$	13,686	\$	— \$	_	\$ 13,686
Annuity and single premium universal life product charges		20,452		_	_	20,452
Net investment income		358,529		_	_	358,529
Realized gains (losses) on investments		6,946		(6,946)	_	_
Change in fair value of derivatives		52,525			(62,587)	(10,062)
Total revenues		452,138		(6,946)	(62,587)	382,605
Benefits and expenses:						
Insurance policy benefits and change in future policy benefits		11,824			_	11,824
Interest credited to account balances		242,543		_		242,543
Change in fair value of embedded derivatives		66,801			(66,801)	
Interest expense on General Agency Commission and Servicing						
Agreement		3,000		_	_	3,000
Interest expense on notes payable		1,486		_	_	1,486
Interest expense on subordinated debentures		7,661		_	_	7,661
Interest expense on amounts due under repurchase agreements		1,140		_	_	1,140
Other interest expense		138		_	_	138
Amortization of deferred policy acquisition costs		52,982		(3,064)	1,692	51,610
Other operating costs and expenses		25,618		_	_	25,618
Total benefits and expenses		413,193		(3,064)	(65,109)	345,020
Income before income taxes		38,945		(3,882)	2,522	37,585
Income tax expense	_	13,505	_	(1,359)	883	 13,029
Net Income	\$	25,440	\$	(2,523) \$	1,639	\$ 24,556
Earnings per common share	\$	1.45				\$ 1.40
Earnings per common share – assuming dilution	\$	1.21				\$ 1.17

AMERICAN EQUITY INVESTMENT LIFE HOLDING COMPANY

Financial Supplement – 2003

Operating Earnings

Quarterly Summary – Most Recent 5 Quarters

	(Q4 2003		Q3 2003		Q2 2003	Q1 2003	Q4 2		
Revenues:				(Dollars in	thous	sands, except per s	hare c	lata)		
Traditional life and accident and health insurance										
premiums	\$	2,598	\$	4,230	\$	3,256	\$	3,602	\$	2,950
Annuity and single premium universal life product	•	,		,	•	-,	,	-,	,	,
charges		4,948		4,279		5,494		5,731		4,978
Net investment income		94,299		89,299		84,235		90,696		86,492
Change in fair value of derivatives		3,369		6,920		(6,654)		(13,697)		(17,083)
Total revenues		105,214		104,728		86,331		86,332		77,337
Benefits and expenses:										
Insurance policy benefits and change in future										
policy benefits		2,978		3,262		3,261		2,323		2,277
Interest credited to account balances		66,225		66,503		56,111		53,704		50,929
Interest expense on General Agency Commission										
and Servicing Agreement		589		698		804		909		749
Interest expense on notes payable		355		327		369		435		375
Interest expense on subordinated debentures		1,916		1,916		1,914		1,915		1,861
Interest expense on amounts due under repurchase										
agreements		455		249		_		436		734
Other interest expense		_		_		65		73		(63)
Amortization of deferred policy acquisition costs		13,701		14,451		11,350		12,108		11,629
Other operating costs and expenses		5,810		6,981		6,628		6,199		6,042
Total benefits and expenses		92,029		94,387		80,502		78,102		74,533
Operating income before income taxes		13,185		10,341		5,829		8,230		2,804
Income tax expense		4,569		3,622		1,992		2,846		980
Operating Income (a)		8,616		6,719		3,837		5,384		1,824
Realized gains (losses) on investments, net of offsets		42		(194)		2,548		127		(138)
Net effect of SFAS 133		(446)		(157)		(2)		(1,034)		2,111
N . 1	ф	0.212	d	C 260	ď	C 202	ď	4 477	ď	2.707
Net income	\$	8,212	\$	6,368	\$	6,383	\$	4,477	\$	3,797
Paradaga and annual abana	\$	0.39	\$	0.39	\$	0.39	\$	0.27	\$	0.23
Earnings per common share			_		_		_			
Earnings per common share – assuming dilution	\$	0.32	\$	0.34	\$	0.34	\$	0.23	\$	0.20
Operating income per common share (a)	\$	0.41	\$	0.41	\$	0.24	\$	0.33	\$	0.11
Operating income per common share – assuming	Ф	0.24	d	0.00	ď	0.04	ď	0.05	ď	0.44
dilution (a)	\$	0.34	\$	0.36	\$	0.21	\$	0.27	\$	0.11

(a) In addition to net income, we have consistently utilized operating income, operating income per common share and operating income per common share - assuming dilution, non-GAAP financial measures commonly used in the life insurance industry, as economic measures to evaluate our financial performance. Operating income equals net income adjusted to eliminate the impact of net realized gains and losses on investments and the impact of SFAS 133, dealing with the market value changes in derivatives. Because these items fluctuate from quarter to quarter in a manner unrelated to core operations, we believe measures excluding their impact is useful in analyzing operating trends. We believe the combined presentation and evaluation of operating income together with net income, provides information that may enhance an investor's understanding of our underlying results and profitability.

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AMERICAN EQUITY INVESTMENT LIFE HOLDING COMPANY

Financial Supplement – 2003

Selected Historical Financial Data

	,	Year ended December 31	.,						
2003	2002	2001	2000	1999					
(Dollars in thousands, except per share data)									

Consolidated Statements of Income Data:

Revenues								
Traditional life and accident and health insurance								
premiums	\$	13,686	\$	13,664	\$ 13,141	\$	11,034	\$ 10,294
Annuity and single premium universal life product								
charges		20,452		15,376	12,520		8,338	3,452
Net investment income		358,529		308,548	209,086		100,060	66,679
Realized gains (losses) on investments		6,946		(122)	787		(1,411)	(87)
Change in fair value of derivatives		52,525		(57,753)	(55,158)		(3,406)	(528)
Total revenues		452,138		279,713	180,376		114,615	79,810
Benefits and expenses								
Insurance policy benefits and change in future								
policy benefits		11,824		9,317	9,762		8,728	7,232
Interest credited to account balances		242,543		177,633	97,923		56,529	41,727
Change in fair value of embedded derivatives		66,801		(5,027)	12,921		_	_
Interest expense on General Agency Commission								
and Servicing Agreement		3,000		3,596	5,716		5,958	3,861
Interest expense on notes payable		1,486		1,901	2,881		2,339	896
Interest expense on subordinated debentures		7,661		_	_		_	_
Interest expense on amounts due under repurchase								
agreements		1,140		734	1,123		3,267	3,491
Other interest expense		138		1,043	381		_	_
Amortization of deferred policy acquisition costs		52,982		39,930	23,040		8,574	7,063
Other operating costs and expenses		25,618		21,635	17,176		14,602	12,445
Total benefits and expenses		413,193		250,762	 170,923		99,997	76,715
•	_			<u> </u>	 <u> </u>			
Income before income taxes, minority interests and								
cumulative effect of change in accounting principle		38,945		28,951	9,453		14,618	3,095
Income tax expense (benefit)		13,505		7,299	333		2,385	(1,370)
Income before minority interests and cumulative					 _			
effect of change in accounting principle		25,440		21,652	9,120		12,233	4,465
Minority interests in subsidiaries:								
Earnings attributable to company-obligated								
mandatorily redeemable preferred securities of								
subsidiary trusts		_		7,445	7,449		7,449	2,022
Income before cumulative effect of change in								
accounting principle		25,440		14,207	1,671		4,784	2,443
Cumulative effect of change in accounting for								
derivatives		_		_	(799)		_	_
Net income	\$	25,440	\$	14,207	\$ 872	\$	4,784	\$ 2,443
			_			_		 ·
			3					
			_					

				At and fo	r the '	Year ended Dece	mber	31.		
	_	2003		2002		2001		2000		1999
				(Dollars in t	(Dollars in thousands, except per share					
Per Share Data:				•		, , ,		•		
Earnings per common share	\$	1.45	\$	0.87	\$	0.05	\$	0.29	\$	0.15
Earnings per common share — assuming dilution	\$	1.21	\$	0.76	\$	0.05	\$	0.26	\$	0.14
Dividends declared per common share	\$	0.01	\$	0.01	\$	0.01	\$	0.01	\$	0.01
Consolidated Balance Sheet Data:										
Total assets	\$	8,989,177	\$	7,327,789	\$	4,819,220	\$	2,528,126	\$	1,717,619
Policy benefit reserves		8,315,874		6,737,888	•	4,420,720	•	2,099,915		1,358,876
Amounts due to related party under General Agency										
Commission and Servicing Agreement.		40,601		40,345		46,607		76,028		62,119
Notes payable		31,833		43,333		46,667		44,000		20,600
Subordinated debentures		116,425		_		_		_		_
Company-obligated mandatorily redeemable preferred										
securities issued by subsidiary trusts		_		100,486		100,155		99,503		98,982
Stockholders' equity										
Total stockholders' equity	\$	263,716	\$	77,478	\$	42,567	\$	58,652	\$	34,324
Accumulated other comprehensive loss		(22,742)		(11,944)		(33,531)		(16,876)		(35,235)
Total stockholders' equity excluding accumulated other	_									<u> </u>
comprehensive loss (b)	\$	286,458	\$	89,422	\$	76,098	\$	75,528	\$	69,559
Return on Equity:										
Return on stockholders' equity (a)		28.3%)	23.7%	,)	1.7%	ó	10.3%	ó	4.9%
Return on stockholders equity excluding accumulated other										
comprehensive loss (b)		23.7%)	17.2%	ò	1.2%	ó	6.6%	ó	3.6%

- (a) We define return on equity as net income divided by average total stockholders' equity. Average total stockholders' equity is determined based upon the total stockholders' equity at the beginning and the end of the year. The computation of average stockholders' equity for 2003 has been modified to recognize the significant increase in stockholders' equity that resulted from the receipt of the net proceeds from our initial public offering in December 2003.
- (b) Total stockholders' equity excluding accumulated other comprehensive loss and return on stockholders' equity excluding accumulated other comprehensive loss are non-GAAP measures. Since accumulated other comprehensive loss fluctuates from quarter to quarter due to unrealized changes in the fair market value of investments caused principally by changes in market interest rates, we believe these non-GAAP financial measures provide useful supplemental information.

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Capitalization/ Book Value per Share - 5 years

	At December 31,									
		2003		2002	hans	2001	hava	2000		1999
Capitalization:				(Dollars III (uious	ands, except per s	nare	uata)		
Notes payable to banks	\$	31,833	\$	43,333	\$	46,667	\$	44,000	\$	20,600
Subordinated debentures payable to subsidiary trusts		116,425						· —		
Company-obligated mandatorily redeemable preferred										
securities of subsidiary trusts		_		100,486		100,155		99,503		98,982
Total debt		148,258		143,819		146,822		143,503		119,582
Total stockholders' equity		263,716		77,478		42,567		58,652		34,324
				_						
Total capitalization		411,974		221,297		189,389		202,155		153,906
Accumulated other comprehensive income (AOCL)		(22,742)		(11,944)		(33,531)		(16,876)		(35,235)
Total capitalization excluding AOCL (b)	\$	434,716	\$	233,241	\$	222,920	\$	219,031	\$	189,141
Total stockholders' equity	\$	263,716	\$	77,478	\$	42,567	\$	58,652	\$	34,324
Accumulated other comprehensive income		(22,742)		(11,944)		(33,531)		(16,876)		(35,235)
Total stockholders' equity excluding AOCL (b)	\$	286,458	\$	89,422	\$	76,098	\$	75,528	\$	69,559
Common shares outstanding		35,294,035		14,438,452		14,516,974		14,530,242		14,136,930
Book Value per Share: (a)										
Book value per share including AOCL	\$	7.19	\$	4.67	\$	2.24	\$	3.35	\$	1.72
Book value per share excluding AOCL (b)	\$	7.83	\$	5.50	\$	4.55	\$	4.51	\$	4.21

⁽a) Book value per share including and excluding AOCL is calculated as total stockholders' equity and total stockholders' equity excluding AOCL less the liquidation preference of our series preferred stock (\$10 million) divided by the total number of shares of common stock outstanding.

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Premiums by Product Type

Annuity deposits by product type collected in 2003, 2002 and 2001

		Befo	re coinsurance		Net of coinsura				nce		
Product Type	2003		2002	2001		2003		2002		2001	
		(Dolla	ers in thousands)				(Dolla	ers in thousands)			
Index Annuities:											
Index Strategies	\$ 768,105	\$	867,880	\$ 656,731	\$	468,716	\$	523,224	\$	431,571	
Fixed Strategy	330,539		614,549	237,824		201,702		370,496		156,553	
	1,098,644		1,482,429	894,555		670,418		893,720		588,124	
Fixed Rate Annuities:											
Single-Year Rate Guaranteed	564,256		629,945	391,470		343,048		380,772		279,598	
Multi-Year Rate Guaranteed	64,108		322,856	1,139,160		64,108		322,856		1,139,160	
	 628,364		952,801	 1,530,630		407,156		703,628		1,418,758	
	\$ 1,727,008	\$	2,435,230	\$ 2,425,185	\$	1,077,574	\$	1,597,348	\$	2,006,882	

Surrender Charge Protection and Fund Values by Product Type

Annuity Surrender Charges and Net (of coinsurance) Fund Values at December 31, 2003

⁽b) Total capitalization, total stockholders' equity and book value per share excluding AOCL, are non-GAAP financial measures. Since AOCL fluctuates from quarter to quarter due to unrealized changes in the fair market value of investments caused principally by changes in market interest rates, we believe these non-GAAP financial measures provide useful supplemental information.

Product Type	Avg. Years At Issue	Avg. Remaining Years	Avg. Remaining %	Dollars in Millions	% of Total
Index Annuities	12.1	10.1	13.3% \$	3,032.1	48.3%
Single-Year Fixed Rate Guaranteed Annuities	11.9	9.8	12.8%	1593.4	25.4%
Multi-Year Rate Guaranteed Annuities	4.9	2.6	7.8%	1,655.1	26.3%
	10.6	8.4	12.0% \$	6,280.6	100.0%

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Surrender Charge Profile of Annuity Liabilities

		Account Value		ndex Annuities Account Value
FIXED DEFERRED ANNUITY SURRENDER CHARGE PERCENTAGES:				
Market Value Adjustment	\$	1,478,908	\$	_
No Surrender Charge		7,387		2,611
< 1 percent		_		132
1 percent		11		144
2 percent		_		320
3 percent		15,444		4,519
4 percent		14,306		1,304
5 percent		11,200		8,762
6 percent		34,469		23,423
7 percent		1,246,776		50,587
8 percent		233,273		88,086
9 percent		76,201		318,768
10 percent or greater		130,568		2,533,439
Total	\$	3,248,545	\$	3,032,094
		,		
FIXED ANNUITY-INTEREST GUARANTEE PERIOD:				
1 Year	\$	1,593,488	\$	933,639
Multi-Year (3 - 5 years)		1,655,057		_
Bailout		_		_
Cumulative floor (1)		_		2,098,455
Total	\$	3,248,545	\$	3,032,094
FIXED ANNUITY-ULTIMATE MINIMUM GUARANTEE RATE: (2)				
3 percent	\$	3,126,129	\$	933,639
4 percent	•	122,416	-	_
Cumulative floor (1)				2,098,455
Total	\$	3,248,545	\$	3,032,094
	-	_, _,	<u>-</u>	-, ,

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Comparison of Minimum Guaranteed Rates to Credited Rates

	Fixed Annuities Account Value			Index Annuities Account Value
CREDITED RATE VS. MINIMUM GUARANTEED RATE DIFFERENTIAL (3) (4):				
No differential	\$	99,554	\$	659
0.0% - 0.5%		1,010,820		821,169
0.5% - 1.0%		91,774		68,336
1.0% - 1.5%		233,025		41,211
1.5% - 2.0%		139,397		2,209
2.0% - 2.5%		308,862		55
2.5% - 3.0%		665,401		_
Greater than 3.0		699,711		_
Cumulative floor (1)		_		2,098,455
Total	\$	3,248,545	\$	3,032,094

⁽¹⁾ Index products provide guarantees based on a cumulative floor over the term of the product.

⁽²⁾ New products have been filed with a guarantee of 2.25% for the first 10 years, & 3.00% thereafter.

⁽³⁾ Recent issues may contain bonus interest earnings ranging from 1.0% to 7.0%.

⁽⁴⁾ Includes products with multi-year guarantees for which the credited rate cannot be decreased until the end of the multi-year period. At the end of the multi-year guarantee period, we will have the ability to lower the crediting rate to the minimum guarantee by an average decrease of approximately 290 basis points.

Spread Results

		December 31,	
	2003	2002	2001
Weighted average yield on invested assets	6.43%	6.91%	7.08%
Weighted average crediting rate for fixed rate annuities:			
Annually adjustable	3.69%	4.69%	5.17%
Multi-year rate guaranteed	5.70%	5.82%	6.24%
Weighted average net index costs for index annuities	3.46%	4.19%	4.54%
Investment spread:			
Index annuities	2.97%	2.72%	2.54%
Fixed rate annuities:			
Annually adjustable	2.74%	2.22%	1.91%
Multi-year rate guaranteed	0.73%	1.09%	0.84%

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Summary of Invested Assets

	December 31,									
	2003		20	02						
	Carrying Amount	Percent	Carrying Amount	Percent						
	 	(Dollars in thou								
Fixed maturity securities:										
United States Government and agencies	\$ 4,289,857	68.9% \$	4,207,840	79.0%						
State, municipal, and other governments	_	_	5,631	0.1%						
Public utilities	51,835	0.8%	51,023	1.0%						
Corporate securities	409,482	6.6%	413,743	7.8%						
Redeemable preferred stocks	10,079	0.2%	12,822	0.2%						
Mortgage and asset-backed securities:										
Government	264,102	4.2%	70,047	1.3%						
Non-Government	419,959	6.7%	141,548	2.7%						
Total fixed maturity securities	 5,445,314	87.4%	4,902,654	92.1%						
Equity securities	21,409	0.3%	17,006	0.3%						
Mortgage loans on real estate	608,715	9.8%	334,339	6.3%						
Derivative instruments	119,833	1.9%	52,313	0.9%						
Policy loans	324	0.0%	295	0.0%						
Cash and cash equivalents	32,598	0.4%	21,163	0.3%						
Total cash and investments	\$ 6,228,193	100.0% \$	5,327,770	100.0%						

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Credit Quality of Fixed Maturity Securities

			December 31,				
			2003		200	02	
NAIC Designation	Rating Agency		Carrying	D	Carrying	Downer	
NAIC Designation	<u>Equivalent</u>		Amount	Percent	Amount	Percent	
			(Dollars in thousands)				
1	Aaa/Aa/A	\$	5,191,006	95.3% \$	4,624,824	94.3%	
2	Baa		174,519	3.2%	230,847	4.7%	
3	Ba		47,904	0.9%	37,478	0.8%	
4	В		21,109	0.4%	7,505	0.2%	
5	Caa and lower		10,773	0.2%	2,000	_	
6	In or near default		3	_	_	_	
	Total fixed maturity securities	\$	5,445,314	100.0% \$	4,902,654	100.0%	

Watch List Securities - Aging of Gross Unrealized Losses

Issuer		Amortized Cost		Unrealized Losses		Estimated Fair Value	Maturity Date	Months Below Amortized Cost
	(Dollars in thousands)							
Continental Airlines Pass Thru								
Certificates 2001-001 Class B	\$	9,498	\$	(1,468)	\$	8,030	6/15/2017	16
Diversified Asset Securities II Class B-1		3,000		(1,204)		1,796	9/15/2005	14
Land O' Lakes Capital Securities		8,075		(3,435)		4,640	3/15/2028	36
Northwest Airlines Pass Thru Certificates								
1999-1 Class C		8,867		(2,791)		6,076	8/1/2015	33
Oakwood Mortgage 2000-C M1		16,934		(8,604)		8,330	10/15/2030	14
Pegasus Aviation 1999-1A C1		6,004		(2,904)		3,100	3/25/2029	28

Mortgage Loans by Region and Segment

		December 31,				
	2003			2002		
		Carrying Amount	Percent	Carrying Amount	Percent	
		Amount	(Dollars in thousands)		rercent	
Geographic distribution			,	,		
East	\$	115,817	19.0% \$	51,785	15.5%	
Middle Atlantic		56,563	9.3%	40,879	12.2%	
Mountain		79,777	13.1%	26,478	7.9%	
New England		38,539	6.3%	13,242	4.0%	
Pacific		42,327	7.0%	20,499	6.1%	
South Atlantic		105,635	17.4%	96,401	28.8%	
West North Central		125,163	20.5%	65,178	19.5%	
West South Central		44,894	7.4%	19,877	5.9%	
Total mortgage loans	\$	608,715	100.0% \$	334,339	100.0%	

	December 31,				
	 2003	l	2002		
	 Carrying		Carrying		
	 Amount	Percent	Amount	Percent	
	(Dollars in thousand			ıds)	
Property type distribution					
Office	\$ 145,490	23.9% \$	81,133	24.3%	
Medical Office	55,314	9.1%	17,138	5.1%	
Retail	163,434	26.8%	102,362	30.6%	
Industrial/Warehouse	162,943	26.8%	97,811	29.3%	
Hotel	20,819	3.4%	21,218	6.3%	
Apartments	29,565	4.9%	4,176	1.2%	
Mixed use/other	31,150	5.1%	10,501	3.1%	
Total mortgage loans	\$ 608,715	100.0% \$	334,339	100.0%	

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Shareholder Information

Corporate Offices:

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John M. Matovina, Vice Chairman (515) 273-3552, jmatovina@american-equity.com

D. J. Noble, Chairman (515) 457-1703, dnoble@american-equity.com

Stock Symbol:

American Equity's common stock is traded on the New York Stock Exchange under the symbol "AEL".

Transfer Agent:

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Annual Report and Other Information:

Shareholders may receive when available, without charge, a copy of American Equity's Annual Report, SEC filings and/or press releases by calling Debra J. Richardson, Senior Vice President, at (515)-457-1704 by visiting our web site at www.american-equity.com.